
Tools for Changemakers

Rebuilding Trust in Europe

14 July – 18 July 2019



DAILY PROGRAMME

Caux Palace Conference and Seminar Centre

Introduction

The concept of identity, particularly national identity, is a double-edged sword. It provides a common sense of belonging, but also a justification for exclusion, mistrust and xenophobia.

Building on the five-year vision of **Addressing Europe's Unfinished Business, Tools For Changemakers: Rebuilding Trust in Europe** strengthens its training component while embarking on a three-year journey of exploration of the link between personal and collective identities in Europe, the rise of populism and nationalism in different European regions, the need to belong for old and new community members, unaddressed collective traumas, and the urgency to work with these issues in order to build more trust and cohesion in Europe.

Daily Programme

Sunday, 14 July

15:45-16:15	<p>Arrival, tea Terrace</p>
16:15-18:30	<p>Welcome and Introduction to Caux and the Forum (Part I) Speakers: Barbara Hintermann (Switzerland), Secretary General, Initiatives of Change Switzerland Jean Fiaux (Switzerland), Retired Caux/Initiatives of Change Worker Niall Ridley (UK), Young Ambassadors Programme (YAP) representative A Learning to be a Peacemaker (LPM) representative Lynne Barker (UK), Artist in Residence, National Costume Dolls Project Nick Foster (UK), Caux Forum Director Main Hall</p>
18:30-19:15	<p>Dinner Dining Hall</p>

19:45-21:15

Welcome and Introduction to Caux and the Forum (Part II)

Speakers:

Senator Bogdan Klich (Poland), Minority Leader of the Polish Senate, Former Minister of National Defense of Poland

Jens Jonathan Wilhelmsen (Norway), Full-time lofC worker and writer

[Main Hall](#)

Monday, 15 July

07:15-08:00

Community Groups* – Quiet Reflection**

[Assigned rooms](#)

08:00-08:45

Breakfast

[Dining Hall](#)

09:15-10:45

Morning Plenary: Understanding My Story

Speakers:

Agnes Otzelberger (UK), Trainer / Facilitator / Researcher / Founder of TheGoodJungle.org

Mounir Beltaifa (France/Tunisia), Vice President of Initiatives of Change International / Founder of Bridgers One

[Main Hall](#)

11:00-12:15

Community Groups – Discussion and sharing

[Assigned rooms](#)

12:30-13:30

Lunch

[Dining Hall](#)

13:30-15:00

Free time / Optional: Armenian-Kurdish-Turkish Dialogue

[Salle Grammont](#)

15:00-15:45

Training Tracks

Real Change starts within!

Trainers: Louie Gardiner (UK) and Su Riddell (UK)

[Room 300E](#)

Sustaining your Spark – The science and practice of staying sane and engaged in a world that gets you down

Trainer: Agnes Otzelberger (UK)

[Room 215](#)

Advocating for a New story - What story do you want your life to tell?

Trainers: Jean Brown (Australia) and Anne-Claire Frank-Seisay (The Netherlands/France/USA)

[Salle Belle- Époque \(4thfloor\)](#)

It Starts with Me – Using Drama and Artistic Methods for Changemaking

Trainers: Olena Rosstalna (Ukraine) and Olha Boiko (Ukraine)

[Room 300C](#)

Working with difference - How to facilitate diverse groups

Trainer: Neil Oliver (UK)

[Room 315](#)

15:45-16:15

Tea

[Tea room/Terrace](#)

16:15-18:15

Training Tracks (continued)

[Assigned rooms](#)

18:30-19:15

Dinner

[Dining Hall](#)

20:15-22:00

Initiatives and Networking Time

Moderator: Pati Pocięcha (Poland/Switzerland)

[Main Hall](#)

Tuesday, 16 July

07:15-08:00	Community groups – Quiet Reflection <i>Assigned rooms</i>
08:00-08:45	Breakfast <i>Dining Hall</i>
09:15-10:45	Morning Plenary: Exploring Our Story Speakers: Burak Han Çevik (The Netherlands) , Immigration Lawyer / Consular Officer Dutch Foreign Affairs Arshalouys Tenbelian (Lebanon) , Communication Specialist / Co- Chair at the Armenian Kurdish Turkish Peace Initiative Louie Gardiner (UK) , Director of Presence In Action (PIA) Collective CIC and Potent 6 Omar Alshogre (Sweden/Syria) , Public Speaker <i>Main Hall</i>
11:40-12:15	Community Groups – Discussion and sharing <i>Assigned Rooms</i>
12:30-13:30	Lunch <i>Dining Hall</i>
13:30-15:00	Theatre Show followed by panel discussion ‘We must save the children!’ - ‘The saga of a Jewish family between Budapest and Geneva’ A show by Mark Isserles, performed by LEBEDIK Moderator: Andrew Stallybrass (Switzerland) <i>Main Hall</i>
15:00-15:45	Training Tracks (continued) <i>Assigned rooms</i>
15:45-16:15	Tea <i>Tea room/Terrace</i>

- 16:15-18:15** **Training Tracks (continued)**
Assigned rooms
- 18:30-19:15** **Dinner**
Dining Hall
- 20:15-22:00** **Cultural Evening: Celebrating Europe!**
Sharing our culture, food and dance
Terrace

Wednesday, 17 July

- 07:15-08:00** **Community Groups* – Quiet Reflection****
Assigned rooms
- 08:00-08:45** **Breakfast**
Dining Hall
- 09:15-10:45** **Morning Plenary: Creating a New Story Together**
Speakers:
Richard Werly (Switzerland), Journalist / France and European
affairs correspondent, Le Temps
Jean Brown (Australia), Trainer, Facilitator, Creators of Peace
International
Amina Dikedi-Ajakaive (Nigeria/UK), President of Creators of
Peace International
Main Hall
- 11:00-12:15** **Community Groups – Discussion and sharing**
Assigned rooms
- 12:30-13:30** **Lunch**
Dining Hall

13:30-15:00	Free time / Optional: Armenian-Kurdish-Turkish Dialogue (Salle Grammont)
15:00-15:45	Training Tracks (continued) Assigned rooms
15:45-16:15	Tea Tea room/Terrace
16:15-18:15	Training Tracks (continued) Assigned rooms
18:30-19:15	Dinner Dining Hall
20:15-22:00	Concert by Caux Artists Program Main Hall

Thursday, 18 July

07:15-08:00	Quiet Reflection Main Hall Bay Window
08:00-08:45	Breakfast Dining Hall
09:15-10:45	Training Tracks – Closing and certificates Assigned rooms
11:00-12:15	Closing plenary Main Hall

Community groups

On the day of your arrival at Caux, you will be asked to sign up to one of the Community Groups. Here we aim to create a more intimate space for you, so that you have more opportunities to contribute your views, knowledge and experience connected to the topics discussed in the conference. This is a safe space in which you can share more openly your own story and how you feel about the conference experience. We encourage you to explore the inner changes you might be going through during your stay. Community Groups will be led by two skilled facilitators.

****Quiet Reflection**

In today's busy and chaotic society silence is one of the tools Initiatives of Change uses to find insight and inspiration. Through quiet introspection, you can learn more about who you are by listening to your inner voice for guidance. Beneath the chatter and disturbances that crowd our minds lies a deeper source of wisdom and insight. Some refer to it as the true Self, others the voice of God, others Love, etc. The thoughts that come when you are truly open and able to let go of your ego, can be challenging and yet rewarding. Silence may help influence your attitudes and relationships leading to transformation and ultimately to freedom.

Quiet Reflection will be practiced every morning in your community group.

Training Tracks

At **Tools for Changemakers: Rebuilding Trust in Europe**, you can choose to be part of one of five Training Tracks that focus on equipping you with tools for your work, in your organization, or in your community. Our Training Tracks are run by experts in trust building, peacebuilding, dialogue and drama facilitation. You will commit to one training track over three afternoons. On completion of the training you will receive a certificate of completion.

REAL Change starts within!

Trainers: Louie Gardiner (UK) and Su Riddell (UK)

At lofC we believe that changing the world starts within. We learn to listen to others and to the still quiet voice within that many call 'God'. But whether you believe in God or not, how well do you look after yourself? The 'you' that is the most sensitive, potentially sophisticated and potent instrument for change on the planet? How do you address the self-hatred, accusations and shame you generate within yourself, about yourself? How can you deal with the labels, judgments and acts of hatred that others direct towards you or others around you, if you do not know how to deal with your own inner aggressor?

YOU are where we begin. We will open your eyes, minds, bodies and hearts to a new approach – Presence in Action – that will help you begin the process of healing and resourcing yourself from within. This is our first step to tackling the growing ripples of hatred, anger and violence spilling out across the world. Join us, if you believe this is the crucial first step for you.

Sustaining your Spark - The science and practice of staying sane and engaged in a world that gets you down

Trainer: Agnes Otzelberger (UK)

In this training track, you will:

- learn the difference between empathic distress and a healthy, sustainable way of caring for and about others and the world – a way to stay deeply engaged without running yourself into the ground;
- learn the time-tested mind practices that will help you do this;
- be supported to develop a way to practice that works for your personal needs and circumstances; and
- gain inspiration and motivation through the connection that develops among a group of people in the same boat as you.

The training, which is delivered through a mix of group discussion, guided practice, individual reflection, and exploration of resources, comes in three parts reflecting the three cornerstones of healthy compassion: mindful awareness, self-kindness (or ‘inward compassion’) and common humanity (‘outward compassion’).

Advocating for a New Story - What story do you want your life to tell?

Trainers: Anne-Claire Frank-Seisay (France/The Netherlands/USA) & Jean Brown (Australia)

Training hosted by Creators of Peace International

In an increasingly fragile and divided world stories can heal, stories can harm. We will explore an invitation to take responsibility for the stories we tell and to transform them for the future benefit of our communities and in the cause of peace. What might it mean to be an ‘advocate for a new story’ – the story of our shared humanity?

Over the course of the sessions, each participant will have the chance to investigate their own sense of identity, and to prepare and tell an aspect of their own story as a tool for peace advocacy.

The areas of learning are:

1. The potential of each individual in becoming an ‘advocate for a new story’
2. Skills in listening deeply to ourselves and others as a means for healing
3. The role of storysharing as a tool for deepening connections and advocating for peace

It Starts with Me – Using Drama and Artistic Methods for Changemaking

Trainers: Olena Rosstalna (Ukraine) and Olha Boiko (Ukraine)

‘It Starts with Me – Using Drama and Artistic Methods for Changemaking’ is about developing a leadership culture based on moral integrity and compassion. Course trainers use various artistic

methods such as triangle drama, emotional transmitting, multi-voice dialogue and creative art to help participants get practical experience of using art as a tool for changemaking.

The training is intended to help people of all ages express their creative needs in a democratic way. Participants will be encouraged to explore solutions not only to the challenges they face in their society but also internally as individuals. The different artistic methods will enable participants to share their needs and the needs of their community. Emphasis will be placed on listening to each other and understanding each other's needs.

Working with Difference – How to facilitate diverse groups

Trainer: Neil Oliver

This training will equip you with the skills and the understanding you need to work effectively with diverse groups. We will work together using our own individual identities and cultures to explore and discover what it takes to bring out the best in people. The training will be challenging, informative and fun!

You will learn:

- The impact assumptions have on effective communication
- Where we have blind spots
- How we project onto others thoughts and feelings based on our own view of the world (our personal lens)
- Effective communication
- Working with challenging behavior and developing strategies for dealing with it
- How to enjoy diversity
- The role of the facilitator

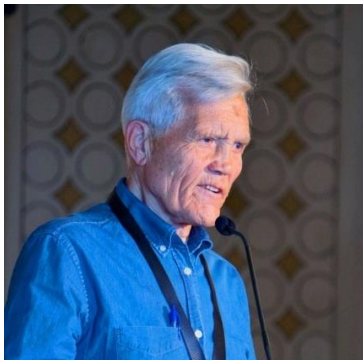
Our intention is that everything we do and learn will be applicable to your work and to your life.

Speakers



Bogdan Klich Poland | Minority Leader of the Polish Senate, Former Minister of National Defence of Poland

Senator Bogdan Klich is the Leader of the Opposition in the Polish Senate and Deputy Chair of the Senate Committee on Foreign Affairs. He comes from Krakow, where he also lectures in the Jagiellonian University. From 2007 to 2011 he served as Minister of Defence in the Government of Donald Tusk. As a student he was active in the struggle for a democratic country and was interned in 1981 by the communist regime. He was a Member of the European Parliament (2004 to 2017).



Jens Jonathan Wilhelmsen, Norway | Full-time lofC worker and writer

Jens J Wilhelmsen is Norwegian and he fought in the clandestine resistance movement to liberate his country from foreign occupation. After the war, he had the unique experience of spending a decade in two of the countries which lost: Germany from 1948 to 1953, and Japan from 1953 to 1958. In both countries he worked with lofC and recounted his experience in two books: 'Men and Structure' (1982) and 'Eyewitness to the impossible' (2016). The first deals with the interaction between change in social structures and human attitudes while the second reports on reconciliation and trustbuilding as a means of solving conflicts. He has lived and worked in different parts of Asia, Africa, North America and Europe.



Agnes Otzelberger, UK | Trainer / Facilitator / Researcher / Founder of TheGoodJungle.org

Agnes Otzelberger is a trainer and facilitator working to get our minds, hearts and bodies in shape for the social good we seek. Over the past seven years, she has immersed herself in a range of 'inner' and interpersonal practices, including various techniques for group process, working with the mind and body, and interpersonal communication, working with individuals, groups and teams. Agnes works independently and as an associate with OpenEdge – Transforming Conflict, and Wild Things. She is passionate about the emerging meeting places between Western and Eastern psychology and science, and she has recently completed a certificate in Compassion-based Psychotherapy and Social Transformation with the Nalda Institute for Contemplative Science. This training introduced her to the idea of compassion fatigue which she now uses in her work.



Mounir Beltaifa, France/Tunisia | Vice President of Initiatives of Change International / Founder of Bridgers One

Born and raised in Tunisia, Mounir spent 17 years in Sousse before heading to Paris in 1981. Mounir graduated from the Ecole Nationale des Ponts et Chaussées as a Civil Engineer in 1988 and from the Ecole des Ponts Business School in 2008 with an Executive MBA. Mounir founded Bridgers One, a consulting company focusing on accelerated development strategies for SMEs in the Middle East and North Africa. He has been active in civil society in both France and Tunisia after Arab Spring. He is currently serving as Vice President of Initiatives of Change International.



Burak Han Çevik, The Netherlands | Immigration Lawyer, Consular Officer, Dutch Foreign Affairs

Born in the Netherlands to a family who migrated from Turkey two generations ago, Burak studied Dutch and European Law in The Hague. Following his studies he worked in government institutions focusing on immigration. He holds a Master's degree in International Humanitarian Law specialising in immigration. He now works in the Dutch Ministry of Foreign Affairs and is currently based in Prague. He is a board member of the Ministry's Diversity and Inclusion Taskforce advocating for greater gender and age balance, and the inclusion of LGBT, disabled and non-Western Dutch colleagues.



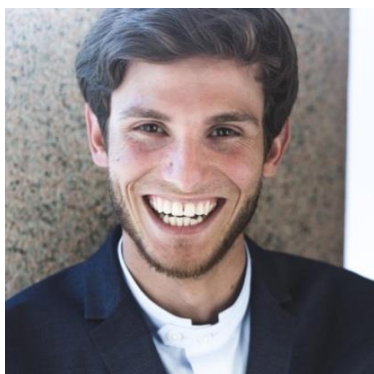
Arshalouys Tenbelian, Lebanon | Communications Specialist, Co-chair AKT Peace Initiative

Arshalouys Tenbelian is a communications specialist from Beirut, Lebanon. Arshalouys is of Armenian origin, and a fourth-generation survivor of the Armenian genocide. Coming from a minority group in Lebanon, she works towards keeping her identity and Armenian cause alive. Arshalouys is an advocate for human rights. Currently, she co-chairs the Armenian Kurdish Turkish Peace Initiative (AKTPI).



Louie Gardiner, UK | Director of Presence In Action (PIA) Collective CIC and Potent 6

Louie Gardiner is the creator of the P6 Constellation – the framework that enables people to access the praxis of Presence In Action. This powerful approach equips people to engage in deep personal change, transforming their relationships with themselves, others and the wider world. She is a Director of Presence In Action (PIA) Collective CIC and Potent 6 in which she is the Lead PIA Practitioner & Learning Partner, Change Consultant & Trainer-Facilitator. She is also a member of Initiatives of Change UK and initiated the REAL Change programme in 2015.



Omar Alshogre, Syria/Sweden | Public Speaker

Omar Alshogre is a Syrian refugee and prison survivor who currently lives in Sweden. He moved there in 2015 during the refugee crisis. Omar fled Syria at the age of 22 after being arrested and imprisoned for participating in rallies and demonstrations against the Assad regime. During his time in prison Omar and others formed the 'University of Whispers', a secret and highly dangerous information and knowledge sharing community.



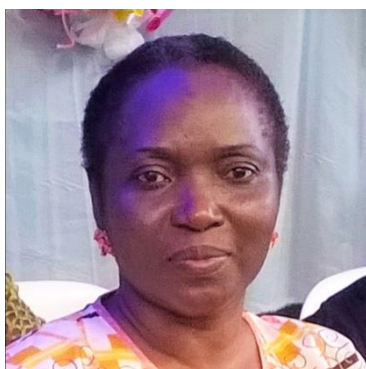
Werly, Switzerland | Journalist and France and European affairs correspondent, Le Temps

Richard Werly is the France and European Affairs correspondent for Le Temps, Switzerland's main French-language daily newspaper. Formerly based in Tokyo, Bangkok and Brussels, he now works from Paris. Richard is also the publisher of 'L'ame des peuples' (Nevicata Publishing), a collection of 50 books, each focusing on the culture, identity and 'personality' of a particular country.



Jean Brown, Australia | Trainer, Facilitator, Creators of Peace International

Jean Brown is one of the elders for Creators of Peace (CoP) and has been involved with CoP since 1994. Jean is the designer of the COP Circles which have spread to 50 countries over the last fifteen years. She authored the CoP facilitation and training manuals and most recently was the convenor for CoP's 25th anniversary conference. Jean has worked full-time with Initiatives of Change for 50+ years, including for many years in India and the USA, pioneering projects such as 'Action for Life', a leadership programme for young people, and supporting reconciliation initiatives in South Sudan. She lives in Australia where she is actively involved with community initiatives and regularly mentors women around the world.



Amina Dikedi-Ajakaiye, Nigeria/ UK | President of Creators of Peace International

Amina Dikedi-Ajakaiye has been actively involved in the work of the Initiatives of Change since 1982 and is currently the President of Creators of Peace International. Through her work and her caring approach, Amina has earned the respect, trust and friendship of a large network of individuals throughout Africa and beyond. This network includes presidents, politicians, senior civil servants, traditional leaders, educators, business people and ordinary citizens. She has an ongoing involvement in many countries, including those of the Great Lakes Region, Sierra Leone, Sudan, South Sudan, Ethiopia and Zimbabwe.

Integrated Programmes

Young Ambassadors Programme (YAP), 10-19 July

The Young Ambassadors Programme (YAP) brings together 35 young Europeans who aspire to take an active role in transforming society. The training, which is delivered through focused action as well as space for reflection, explores the dynamic relationship between personal change, sharing stories and exchanging experiences.

Learning to be a Peacemaker, 7-18 July

Peace and justice are the two most sacred principles which underpin every aspect of a Muslim's life. Therefore, becoming a peacemaker is the most important role a Muslim can play. Learning about peace and justice is the first step towards this goal. This programme believes that learning to be a peacemaker is key to developing a confident European Muslim identity and contributing towards global change.

Armenian-Kurdish-Turkish Dialogue, 14-18 July

The Armenian-Kurdish-Turkish Dialogue brings together people of Armenian, Kurdish and Turkish background, of different generations, to explore sensitive issues that affect the relationships between their communities. The sessions are designed to ensure a safe space in which each participant can contribute their views freely. Anyone interested is warmly invited to join the sessions dedicated to this dialogue!

National Costume Dolls Project, 14-18 July

At home, the British visual artist Lynne Barker recently discovered a collection of national costume dolls left behind by the previous owner of her house.

National costume dolls play a role in the portrayal of tradition and can manifest symbols, values and myths that relate to community pride and identity, at the local, regional and national level.

Lynne was interested to explore the many layers of meaning these objects hold and her starting point for her investigations will be at Caux. She will be inviting comments about the dolls and seeking help to identify where they originate from. Through conversation and art activities, she hopes to explore memories of these dolls and of national costume more generally, together with current thoughts about national costume and identity. The work produced will be displayed in a growing exhibition throughout the conference.

Organizing Team

Diana Damsa | Romania | Managing Director

Diana Topan | Romania | Communications Director

Neil Oliver | UK | Content Design

Jane Wuth | Germany | Technical Support

Aleksandra Kielek | Norway/Poland | Community Groups Coordinator

Alexandra Timis | Romania | Logistics Coordinator

John Bond | UK | Advisor

Bhavesh Patel | Moldova/UK | Caux Design Team

Patrycja Pociecha | Poland | Young Ambassadors Programme Coordinator

Rob Lancaster | Australia | Young Ambassadors Programme Content Design and Trainer

Peter Riddell | UK | Learning to be a Peace-Maker Programme Coordinator

Lynne Barker | UK | Artist in Residence

Mike Brown | Australia | Key Listener

Aili Channer | UK | Key Listener

Join the Conversation



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