

# Addressing Europe's Unfinished Business

Tools for Changemakers

23 – 27 July 2018



## DAILY PROGRAMME

Caux Palace Conference and Seminar Centre

### Introduction

Europe in 2018 continues to face a number of challenges; migration, the rise of populism, terrorism, Brexit and relations with Russia are foremost among them, each placing pressure on communities and nations within and across Europe. As a result of some of these challenges questions of identity, nationalism, citizenship, racism, xenophobia and the legacy of colonialism have arisen. Ordinary people need to feel that they can participate in shaping their future and make a difference.

AEUB 2018 will focus, through nine training tracks, on equipping delegates with the skills needed for developing social cohesion, trust and dialogue during these tumultuous times. We have invited some inspiring thinkers and trainers from Europe and beyond who are keen to pass on their skills to those committed to developing and healing their communities.

Alongside with the training tracks, we will focus - through morning plenary sessions - on different aspects of social cohesion and community building in Europe.

Participants are drawn from across Europe providing a rich and unique environment to discuss initiatives and ideas at a local, national and international level.

Our hope is each participant will be inspired and energised to take forward their learning into their communities, equipped with new connections, new ideas, and strengthened practices.

The event will be highly participative and delegates will be encouraged to have conversations with speakers and trainers alike.

Leading up to and included in the event are two very exciting initiatives aimed at young people.

1. **"Learning to be a Peace-Maker" (LPM)** - a programme for young European Muslims and their peers of other beliefs. The programme is designed in two parts: a course in Islamic approaches to peacemaking created and led by Imam and broadcaster Ajmal Masroor, followed by full participation in the AEUB event;
2. **"Young Ambassadors Programme" (YAP)**, which for the fourth consecutive year will be an integral part of "Addressing Europe's Unfinished Business". The programme brings together young people from various parts of Europe to share experiences, learn and exchange knowledge and work for change. The programme equips a new generation of changemakers rising to meet the challenges we face in Europe.

AEUB 2018 is supported by:



Konrad  
Adenauer  
Stiftung

### Daily Programme

Monday, 23 July

16:15-18:30	Arrival, tea <a href="#">Terrace</a>
18:30-19:15	<p>Opening Plenary: Why is social cohesion a key issue to address in Europe today? <a href="#">Main Hall</a></p> <p>Speakers: Barbara Hintermann (Switzerland), Secretary General, Initiatives of Change Switzerland A Young Ambassadors Programme (YAP) representative A Learning to be a Peace-Maker (LPM) programme representative Tatjana Perić (Bosnia and Herzegovina/Serbia), Adviser on Combating Racism and Xenophobia, Organization for Security and Co-operation in Europe (OSCE) Rt Hon Lord Ashdown of Norton-sub-Hamdon GCMG, KBE PC (UK), Politician, Diplomat, Author</p> <p>Moderators: Diana Damsa and Antoine Jaulmes</p>
18:30-19:15	Dinner <a href="#">Dining Hall</a>
20:15-22:00	<p>Welcome and Introduction to Caux, to the forum, to your community group <a href="#">Main Hall</a></p> <p>Speakers: Nick Foster (UK), Caux Forum Director - <i>Welcome and introduction to Caux Palace</i> Mike Brown (Australia) – Key Listener Andrew Stallybrass (Switzerland), Caux Historian - <i>History of Caux</i> Jean Brown (Australia), Creators of Peace Elder – <i>The Missing Art of Reflective Living</i></p> <p>Moderators: Diana Damsa and Neil Oliver</p>

Tuesday, 24 July

07:15-08:00	Community Groups - Quiet Reflection <a href="#">Assigned Rooms</a>
08:00-08:45	Breakfast <a href="#">Dining Hall</a>
09:00-10:30	Morning plenary: What are the challenges to social cohesion in Europe today? <a href="#">Main Hall</a>  Speakers: Peter Sundin (Sweden), Caseworker/Lecturer, Crime Prevention Centre im Värmland Dr. Emel Topçu (Turkey), Associate Professor, Department of Political Sciences, Hasan Kalyoncu University Gaziantep Oleksiy Matsuka (Ukraine), Journalist, Founder of the Donetsk Institute of Information  Moderators: Brigitt Altwegg and Rishab Khanna
10:45-12:15	Community Groups - Discussion & Sharing <a href="#">Assigned Rooms</a>
12:30-13:30	Lunch <a href="#">Dining Hall</a>
13:30-15:00	Free time
14:00-15:00	Tour of the house (optional) <a href="#">Reception</a>
15:00-15:45	Training Tracks  1. Trustbuilding in a diverse world: history, identity, and equity <a href="#">Room 300 C</a> 2. Strengthening your democratic skills <a href="#">Room 115</a> 3. Mindfulness through playfulness <a href="#">Room 500 A</a> 4. Exploring a culture of peace through personal change and well-being <a href="#">Room 300 A</a> 5. Telling a new story - Questioning identities <a href="#">Salle du Pasquier</a> 6. Heart-centred approaches to the refugee crisis <a href="#">Room 315</a>

	7. Non-violent communication as a dialogue approach <a href="#">Room 400</a>
	8. Philosophical Counselling: New approaches to social inclusion <a href="#">Room 300 E</a>
	9. Migrants and refugees as rebuilders and social entrepreneurs <a href="#">Room 300 D</a>
15:45-16:15	Tea / Coffee <a href="#">Terrace</a>
16:15-18:30	Training Tracks (continued) <a href="#">Assigned Rooms</a>
18:30-19:15	Dinner <a href="#">Dining Hall</a>
20:15-22:00	Cultural Evening <a href="#">Terrace</a>  Celebrating Europe! - Sharing our culture, food and dance

### Wednesday, 25 July

07:15-08:00	Community Groups - Quiet Reflection <a href="#">Assigned Room</a>
08:00-08:45	Breakfast <a href="#">Dining Hall</a>
09:00-10:30	Morning plenary: Building social cohesion in Europe: Key initiatives <a href="#">Main Hall</a> <ul style="list-style-type: none"> <li>• Healing the Past through Dialogue of Generations (Oleh Ovcharenko, Ukraine)</li> <li>• Alive Peace: holistic approaches in peacebuilding (Tissione Parmar, UK   Agata Stajer, Poland)</li> <li>• Truth, Racial Healing &amp; Transformation (Rob Corcoran, USA   Ebony Walden, USA)</li> <li>• St Ethelburga's Centre: Heart-centred approaches to humanitarian work (Jo Winsloe Slater, UK   Bruna Kadletz, Brazil/UK)</li> <li>• 'Geloven in Groen' / Believing in Green - building trust and making faith communities more sustainable (Hindu's, Christians, Muslims) in The Hague (Laura Reijnders, The Netherlands)</li> <li>• International platform of visual theatre (Txema Perez, Spain/UK   Lana Biba, Ukraine/UK)</li> </ul>

- Learning to transform lives: Migrants and Refugees as Re-builders (Catalina Quiroz, UK/Peru)
- Refugees as Re-builders (Peter Riddell, UK)
- Creators of Peace (Miranda Shaw, UK)
- From Polarization to Participation: The INGO Dialogue Toolkit (Cristoph Spreng, Switzerland)
- Australians Telling a New Story - community building forums (Jean Brown, Australia | Mike Brown, Australia)
- Turkish-Armenian Diaspora dialogue in The Netherlands (Tayfun Balcik, The Netherlands)
- KALMIRE Kalyoncu migration research center (Emel Topcu, Turkey)
- Building Bridges for Peace (Jo Berry, UK)
- SiMigration – Understanding European Migration Policy and its Impact (Erzjo Lajos, Germany)
- Crime Prevention Centre, Värmland (Peter Sundin, Sweden)
- Learning to be a Peace-Maker (Javed Latif, The Netherlands)
- Donetsk Institute of Information (Oleksiy Matsuka, Ukraine)
- DEEP France (Célia Demoor, France)

Moderators: Pati Pociecha and Rishab Khanna

10:45-12:15	Community Groups - Discussion & Sharing <a href="#">Assigned Rooms</a>
12:30-13:30	Lunch <a href="#">Dining Hall</a>
14:00-15:45	Training Tracks (continued) <a href="#">Assigned Rooms</a>
15:45-16:15	Tea / Coffee <a href="#">Terrace</a>
16:15-18:30	Training Tracks (continued) <a href="#">Assigned Rooms</a>
18:30-19:15	Dinner <a href="#">Dining Hall</a>
20:15-22:00	Informal networking time



Thursday, 26 July

07:15-08:00	Community Groups - Quiet Reflection <a href="#">Assigned Rooms</a>
08:00-08:45	Breakfast <a href="#">Dining Hall</a>
09:00-10:30	Morning plenary: The role of personal initiative for a cohesive Europe <a href="#">Main Hall</a>  Speakers: Jo Berry (UK), Founder, Building Bridges for Peace Christoph Spreng (Switzerland), Vice-President, Conference of INGOs of the Council of Europe Simona Toroțcoi (Romania), Roma Activist and Diana Damsa (Romania), Founder of Centre for Social Transformation  Moderators: Neil Oliver and Jo Berry
10:45-12:15	Community Groups - Discussion & Sharing <a href="#">Assigned Rooms</a>
12:30-13:30	Lunch <a href="#">Dining Hall</a>
13:30-15:00	Free time
15:00-15:45	Training Tracks (continued) <a href="#">Assigned Rooms</a>
15:45-16:15	Tea / Coffee <a href="#">Terrace</a>
16:15-18:30	Training Tracks (continued) <a href="#">Assigned Rooms</a>
18:30-19:15	Dinner <a href="#">Dining Hall</a>
20:15-22:00	Concert <a href="#">Theatre Hall</a>  Mezzo-soprano Liliana Neciu and Pianist Oana Dinea

Friday, 27 July

07:15-08:00	Community Groups - Quiet Reflection <a href="#">Assigned Rooms</a>
08:00-08:45	Breakfast <a href="#">Dining Hall</a>
09:00-10:30	Training tracks closing and certificates <a href="#">Assigned rooms</a>
10:45-12:15	Closing plenary: Social cohesion in Europe, our responsibility to act <a href="#">Main Hall</a>  Moderators: Diana Damsa and Neil Oliver
12:30-13:30	Lunch <a href="#">Dining Hall</a>
13:30-16:00	Departures

## Speakers



**Rt Hon Lord Ashdown of Norton-sub-Hamdon GCMG, KBE PC,  
United Kingdom | Politician, Diplomat, Author**

Paddy Ashdown was born in New Delhi in 1941. At the age of 4, his family returned to Britain. His early career began in 1959 as a UK Royal Marines Officer. After Special Forces Training in England, he commanded a Special Boat Section in the Far East. From 1967 to 1970 Paddy studied Chinese in Hong Kong and became a First Class interpretership in Mandarin. In 1972 Paddy left the Royal Marines to join the UK Foreign Office. There he served the British Mission to the UN where he took part in the negotiation of several international treaties and agreements. In 1976 Paddy left the Foreign Office to stand as a Liberal candidate in the UK general election. After several years of canvassing he won the seat of Yeovil and entered the UK parliament in 1983. After serving his party in a number of roles he became Leader of the Liberal Democrat Party in 1988. Between 2002 and 2008 Paddy served as International High Representative and European Special Representative to Bosnia and Herzegovina, working to secure peace in the Balkans. The author of numerous articles on foreign affairs and politics, Paddy has also published nine books, including one on peace-keeping. He was recently commissioned to write his tenth book, "A German Tragedy," the story of the German Resistance to Hitler during the Second World War.





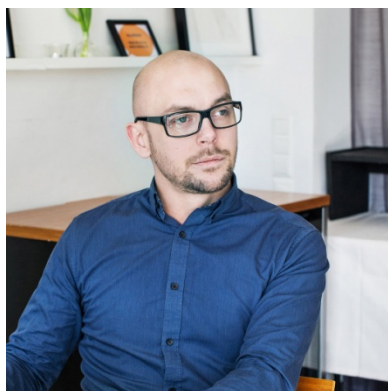
**Tatjana Perić, Bosnia and Herzegovina/Serbia | Adviser on Combating Racism and Xenophobia, Organization for Security and Co-operation in Europe (OSCE)**

Tatjana Perić has been engaged professionally and academically in the field of human rights since 1994. In her extensive international experience, she advised various intergovernmental organizations, including the United Nations Development Programme, UN Office of the High Commissioner for Human Rights and Council of Europe. Tatjana was also active within civil society, including coordinating research of the award-winning European Roma Rights Centre in Budapest, Hungary. She studied human rights and religion (University of Essex, Columbia University, University of Geneva) and gender studies (University of Novi Sad). Since 2014 she works for the Organization for Security and Co-operation in Europe (OSCE) at the OSCE's Warsaw-based Office for Democratic Institutions and Human Rights, currently as Adviser on Combating Racism and Xenophobia, including intolerance against Christians and other religions.



**Barbara Hintermann, Switzerland | Secretary General, Initiatives of Change Switzerland**

Executive leader and manager with more than 20 years of international experience in humanitarian and corporate environments, Barbara Hintermann worked in spanning complex/volatile operational countries as well as in more mature/stable regional contexts. In 1995, she joined the International Committee of the Red Cross (ICRC) in which she has assumed different positions in the Middle East and Africa. From 2002 to 2004, she was ICRC's Deputy Head of Operations for the Balkans at the headquarters in Geneva. In 2004, she returned to the field and led ICRC's operations at the country level first in Guinea-Conakry and then in Colombia. From 2008 to 2012, she was nominated Head of Operations for ICRC's actions in Europe and North America. From 2012 to 2014, Barbara Hintermann took the position of the deputy HR Director and then HR Director, leading a large-scale HR transformation project. Since March 2015, Barbara Hintermann is the Secretary General of Initiatives of Change Switzerland.



**Peter Sundin, Sweden | Caseworker/Lecturer, Crime Prevention Centre im Värmland**

Peter Sundin is a former neo-Nazi that grew up in a racist family of Nazi traditions passed down since the 1940s. By the age of 14 he became a member of the National Youth (Nationell Ungdom), a Swedish neo-fascist and openly racist organization, and lived in this environment for over 10 years after which he reached a turning point that made him break ties with family, friends and values to re-invent his existence and identity. The transformation process took Peter 5 years, and his main support in this journey was a local policeman whom today is his colleague. Peter now works at the Crime Prevention Center in Värmland (Brottsförebyggande Centrum i Värmland), Sweden, on violent extremism prevention.



### **Dr. Emel Topçu, Turkey | Associate Professor, Department of Political Sciences, Hasan Kalyoncu University Gaziantep**

A resident of Germany for fifteen years, Emel Topçu has specialised in topics such as Syrian refugees, volunteerism, adult education, human rights, women's rights, minority-majority relationships, multi-culturalism and integration of migrants into European societies. She has published numerous articles, conducted research, training and consultancy both within and outside the EU. Currently she is researching the impact of the influx of Syrian refugees on Turkey and the effect this has on communities and social cohesion. Emel is also the General Manager of Migration, Education, Population and the Employment Research Centre and a Vice President of Faculty of Economics, Administrative and Social Sciences.



### **Andrew Stallybrass, United Kingdom/Switzerland | Caux Historian**

Andrew was born in Liverpool in 1948. For fifty years, he was part of the team planning the international conferences for Initiatives of Change (Moral Re-Armament) in Caux, Switzerland, for most of that time working with public relations for the Caux centre. In 1980, he married Eliane Maillefer. From 1984 to 2014, they lived in Geneva, and Andrew now has dual nationality, British-Swiss. In 2014, they moved to live in Caux. Andrew was for many years Managing Director of Caux Books, the international publishing house linked with Initiatives of Change. He is also an independent writer and journalist. He has been a lay preacher in the Geneva Reformed Church, and now the local Vaud Reformed Church parish. In Geneva, he was long active in the Geneva Inter-Faith Platform, serving as secretary and vice-president. He holds a post-graduate certificate of specialisation in theology from the University of Geneva. He is a passionate amateur historian, specializing in the history of Caux.



### **Simona Toroțcoi, Romania | Roma Activist**

Simona is a Roma from Romania, and currently a PhD student at Central European University in Budapest, Hungary. Coming from a minority ethnic group from Romania, she faced the struggles and every-day discrimination the Roma people face. Since 2009, Simona has been an active member of Young Roma Maramures, where she has worked on Roma youth empowerment and strengthening Roma identity. Simona is a strong advocate for equality and justice. Since 2013, she has become more involved in advocating at European level, taking part in European Parliament hearings and European Commission Roma related events. Having a strong interest in education policies and youth, Simona has conducted research on a variety of topics related with this such as: Roma students' participation in the higher education sector, the field of study choices Roma students make and how this affects their employability, the geographical inequality in education and Roma youth employment prospects, and more recently Roma youth political participation in public life.



### **Oleksiy Matsuka, Ukraine | Journalist, Founder of the Donetsk Institute of Information**

Oleksiy Matsuka is a journalist from Donetsk in Eastern Ukraine, a city now under control of pro-Russian forces. In 2009 he founded the Donetsk Institute of Information, which works for peace and democratic values through news and analysis of conflict in East Ukraine. His exposure of corruption in the region led to threats, and his house and car were set on fire. He moved to Sloviansk, just outside the separatist region, where the Institute continues its work. In 2014 Reporters Without Borders named him as one of its 100 Information Heroes, and the Canadian Journalists for Free Expression presented him with its International Press Freedom Award.



### **Jo Berry, United Kingdom | Founder of Building Bridges for Peace**

Sixteen years after her father was killed by an IRA bomb, Jo Berry first met with the man responsible, Pat Magee. This meeting led them speaking on over a hundred and fifty occasions, on a shared platform, to bring a message of understanding and peace. Jo advocates that empathy is the biggest weapon we have to end conflict. With political, religious and racial divides deepening as global and local events unfold, her words offer a message of hope and encourage us all to see the humanity in others. She founded a charity, 'Building Bridges for Peace', which works to resolve conflict around the world. Jo is frequently invited to address international conferences and seminars on themes of humanitarian aid, conflict resolution and human rights. She is a trained facilitator in storytelling, conflict transformation and restorative justice. She has worked with Pat Magee in areas of conflict including Lebanon and Rwanda, Ireland, Palestine and Israel as well as throughout the U.K. She has joined panels and discussions forums on radio and TV. Jo is currently writing her book and she has recently been made a visiting fellow with the University of Nottingham Research Priority Area in Rights and Justice.



### **Christoph Spreng, Switzerland | Vice-President, Conference of INGOs of the Council of Europe**

Christoph Spreng was born and brought up in Berne, Switzerland. His early career was in engineering and electronics which eventually led to the production of documentary films and newspaper editing. In 1981 Christoph became a Member of Council with Initiatives of Change Switzerland, a role he continued in for 36 years. Christoph's involvement with Caux saw him branch out into many areas of the Foundation's work. He was Caux conference coordinator for 10 years, and has represented IofC at the Council of Europe. In 2008 Christoph was appointed Special Advisor for Intercultural Dialogue for the Conference of INGO's and coordinated the INGO Dialogue Hub, 'From Polarisation to Participation.' His activities outside Switzerland include developing Fellowships with students from Japan and Germany and Indian and Japanese industry. In 2009 he was a Convenor of the Middle East Peace Process Joint Venture. Christoph continues to play an active role in the work of IofC and Caux.





### **Diana Damsa, Romania | Founder of Centre for Social Transformation / AEUB Managing Director**

Diana holds degrees in law and music and has pursued postgraduate studies in Healing of Memories and Intercultural and Interfaith Communication. In 2004 she was inspired by Initiatives of Change (IofC)'s message that change in the world starts with change in oneself; she has been active in several IofC programmes since then. In particular, she has been involved with Foundations for Freedom in various capacities both as a member of the management and coordination team, and as a designer and facilitator of youth and leadership programmes, and of inter-ethnic dialogues in Ukraine and Romania. She is currently the Vice-President of Creators of Peace. She is also a founding member and the President of the Center for Social Transformation in Romania, which works to promote peace, build trust and empower women and Roma youth.

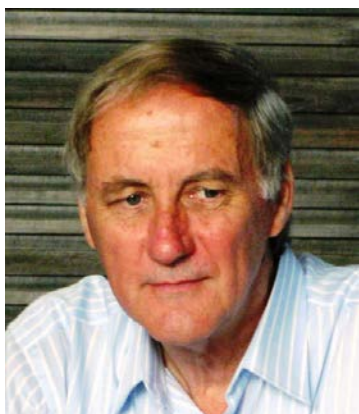


### **Nick Foster, United Kingdom | Caux Forum Director**

Nick Foster has been Caux Forum Director since 2013. He studied arts and psychology education. He has lived around the world and worked in education and the NFP sector, and run his own manufacturing company in South Africa. He has also worked as a consultant to businesses on topics such as partnership development, staff retention and burnout. Nick has been involved with IofC for a long time, first through 'Making Britain a Home' and then through 'Foundations for Freedom' in Eastern Europe and Russia.

## Key Listener 2018

As an outside observer, a non-European has been appointed as 'Key Listener' to reflect back an objective perspective on what the conference is delivering and to evaluate its potential impact beyond the meetings in Caux. This person will be listening not just for the speakers and presenters say, but how the conference participants are reacting and what they want to do with what is being presented. The role has been given to an Australian, from half a world away in the Asia-Pacific region. He will seek to distill key thoughts and themes, to harvest the best examples of transforming motivations for human interactions and building social cohesion at all levels of societies in order to offer living content for the narrative of 'addressing Europe's unfinished business'.



### **Mike Brown, Australia | Writer, Activist and Organizer with IofC**

Mike Brown has been a writer, activist and organizer with Initiatives of Change for over 50 years, with a particular vocation for reconciliation and trust-building dialogues. This has ranged from inter-racial dialogues in America, peace-building programs in Cambodia, and supporting an official process of National Healing and Reconciliation in South Sudan during 2013. In his home country, Australia, Mike has long been involved in working for reconciliation with Australia's First Nations peoples (Aboriginal and Torres Strait Islanders) and was co-chair of the Sorry Day movement in his state. During 15 years in India, he volunteered as a writer on Himmat Weekly magazine, as a facilitator at the Initiatives of Change training centre in Panchgani, Western India, and, for 10 years, as a coordinator of the Action for Life program to mobilize a 'new generation of change-makers'.

### Training Tracks

#### Trustbuilding in a diverse world: history, identity, and equity Trainers: Rob Corcoran and Ebony Walden

This training track offers specific leadership tools to overcome false concepts of ethnic/racial hierarchy, xenophobia and exclusion, and aims to build social cohesion that values every human being. The interactive sessions explore four key areas of learning for individuals seeking to build trust and social cohesion in our increasingly diverse communities.

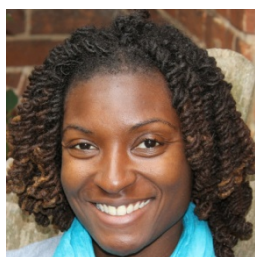
The areas of learning are:

- The role of each individual in becoming an authentic trustbuilder and agent for change;
- The power of history and memory in shaping community narratives;
- Dialogue design to build trust and discern core issues;
- Steps to build diverse teams and networks across boundaries of race, culture, religion, and politics to build healthy, inclusive communities.

The training is based on more than three decades of domestic and internationally recognized community-based work by Hope in the Cities in Richmond, Virginia, USA.



**Rob Corcoran** is a trainer, facilitator and racial healing practitioner who has worked with diverse and polarized groups across North America and Europe and in Australia, India, South Africa and Brazil. He is the founder of Hope in the Cities, Initiatives of Change USA's flagship program, in Richmond, Virginia. He collaborated on a dialogue guide for President Clinton's Initiative on Race, and has been consulted for the development of the W.K. Kellogg enterprise, "Truth, Racial Healing & Transformation." He is the author of 'Trustbuilding: An Honest Conversation on Race, Reconciliation, and Responsibility' (University of Virginia Press 2010). [www.4trustbuilding.blogspot.com](http://www.4trustbuilding.blogspot.com)



**Ebony Walden** is a trainer and facilitator who has over a decade of experience as an urban planner and community builder. At Ebony Walden Consulting she facilitates workshops and engagement processes that explore race, equity, and the creation of more just and inclusive communities. She is also a lead trainer and facilitator with Hope in the Cities in Richmond, Virginia.

#### Strengthening your democratic skills

Trainers: Laura Reijnders and Stefanie Schuddebeurs

'Strengthening your democratic skills' will provide participants with a profound insight into the importance and processes involved in democratic conversations that mirror both the right to speak as well as the right to be listened to.

How should we take decisions that fairly reflect the needs and interests of the group? What does that involve? This course is not meant for deep theoretical discussions about different norms of democracy or state building, but will explore instead what it means to have a democratic conversation in daily settings, where one is both authentic and inclusive of all interests, which to us is the crux of a strong democracy. This training track gives practical insight into the art of listening, offers exercises in which participants are invited to challenge their assumptions, and addresses

questions on the power balance in groups. Since this training track has a strong experiential learning approach, participants will gain new insights into the art of listening to themselves as well as to others. You will leave with a toolbox of exercises and models that you can apply in your own contexts to enhance democratic decision-making processes, for instance in (group) work and/ or project settings.



**Laura Reijnders** is a communications professional and facilitator with a background in organizational anthropology. Laura works with lofC Netherlands where she is in charge of communications, with an emphasis on sustainable living, and more specifically food safety, food security, and energy. As a freelance trainer and facilitator she aims to inspire, empower and equip young professionals and students in their personal development. In particular, she focuses on deepening the understanding of assumptions, convictions and values that shape our frames of reference.



**Stefanie Schuddebeurs** is a social entrepreneur with rigorous academic training in the fields of social psychology and anthropology and also has a Masters in Conflict Studies and Human Rights. In 2014, she set up the first Listening Academy of the Netherlands, through which she facilitates dialogues for multi-stakeholder groups for Dutch local and national governments as well as for training professionals and students to help them develop their listening and empathic capacities. Since 2017 she has worked in Florence, Italy, where she was involved in participatory design processes aimed at resolving urban issues. Before starting her own company, she worked as a policy advisor to the Dutch Minister of Justice and Security as well as in the Internal Affairs Dept on anti-discrimination policies, democratic renewal, and the active participation of citizens in the democratic process. She works on projects with lofC Netherlands, where she hosts listening workshops and is part of the participatory mapping team.

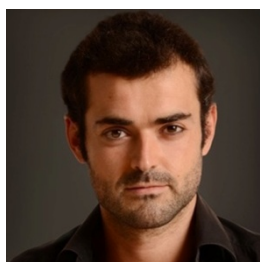
## Mindfulness through Playfulness

**Trainers: Txema Perez and Lana Biba**

Txema Perez and Lana Biba of 2theatre / London Physical Theatre School will offer a full training course in 'Mindfulness through Playfulness' as an approach to building social cohesion in Europe. The course will include platform theatre, mime techniques, character building, and voice exploration. This training track will be a playful combination of mindfulness and theatre techniques. While working on awareness and empathy with others we will see how a small change in each participant can bring about a new group dynamic.

**Platform Theatre** – A group of actors will tell an epic story in a contained performing space. This genre is a compact version of theatre or film. It offers a deeper understanding of the dramatic structure of a piece and demands extensive cooperation between cast members.

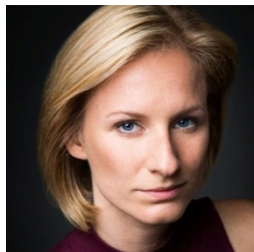
**Mime techniques** – This session will illustrate full body control and captivating movement quality for public performances. This is an intensive dive into techniques such as 'fixed point' and 'making visible the invisible', from French classics such as Marcel Marceau to Modern Mime.



**Txema Perez** is a co-founder of the 2theatre international company and the London Physical Theatre School. Originally from the Basque country, he was trained there in the Stanislavsky method, after which he attended the Actors Studio in Los Angeles. In 2008 he moved to London for a two-year training course at LISPA, making London his base since then. His artistic career credits include several roles in TV and film in Spain and the UK, world tours with lead physical theatre roles, and performances with Cirque du Soleil as part of a clown duo. He has a Masters in journalism and communications, and has worked as a broadcaster and TV reporter in Spain. His teaching experience includes workshops for drama students and



coaching for professional actors in physical theatre, mime, puppetry and on-camera acting. So far he has taught in Canada, India, Spain, Sweden, Switzerland, the United Kingdom, Ukraine and the USA.



**Lana Biba** is an award-winning actress, director and teacher of physical theatre, mime, clown, mask, dance and puppetry. She is one of the co-founders of 2theatre and the London Physical Theatre School. Lana trained in Marcel Marceau techniques in Paris, at LISPA (Lecoq technique) and at the Actors Temple in London (Meisner technique). Credits: artist and teacher at Cirque du Soleil, lead in SOAP The Show world tour; director/MD at Roundhouse and New Diorama (UK) and Boulevardteatern (Sweden), as well as screen work in Law & Order UK, ITV. Teaching: The Royal Central School of Speech and Drama (UK), Stockholm Academy of Dramatic Arts (Sweden), Kiev National University of Theatre, Film and TV (Ukraine), and freelance coaching. Her teaching approach is based on the wisdom of the body, combining the technical aspects of mime, mindfulness, and the pleasure of Devised Physical Theatre. [www.lanabiba.com](http://www.lanabiba.com)

**2theatre** is an international, London-based award-winning company formed in 2011 by Lana Biba and Txema Perez. Its work addresses the common themes of humanity that underlie cultural differences, aiming to create theatre that touches people all around the world. Previous work includes the Edinburgh Fringe success 'Losing It' and tours in Finland, Greece, Norway, Canada, India, Sweden, Spain, Switzerland, the United Kingdom and the USA. 2theatre's educational branch, the London Physical Theatre School, delivers courses at universities abroad, and is a casting partner at Cirque du Soleil. [www.2theatre.com](http://www.2theatre.com) / [www.physicaltheatreschool.com](http://www.physicaltheatreschool.com)

## Exploring a Culture of Peace Through Personal Change and Well-Being

### Trainers: Tissione Parmar and Agata Stajar

Often social change focuses on structures and policies without acknowledging the need for personal and interpersonal change. These personal and interpersonal dimensions are necessary in order to learn how to deal with the challenges of the world, how to identify the root causes of violence and how to deal with them. By focusing on 3 pillars, this training explores how violence can be prevented:

The Personal Pillar: Wellbeing - Creating balance in our personal lives which takes into account our fundamental needs and our mental and emotional health.

The Interpersonal Pillar: Connecting to others through understanding and communication to reveal our common humanity and to create cultures of trust, rather than fear.

The Planetary Pillar: Connecting to our purpose for the world and our communities and also connecting to the natural world in order to work towards a vision of peace which includes the nature and environment.

The participants will learn how to connect with themselves and each other as a foundation for creating cultures of trust and social cohesion. They will explore concrete tools for the mind and body, and will explore emotions in relation to creating a culture of peace.



**Tissione Parmar** has conducted international workshops in various retreats and have worked with young peace-builders, NGOs, digital nomads, artists, change-makers and social entrepreneurs in several countries. He is co-founder of Alive Peace, has been a facilitator for Euforia, Recipes for Wellbeing, the Arc, and is now working for UNITAR's Peacekeeping Training Programme. As a facilitator, he likes to create spaces which offer meaningful transformations and insights, and likes to explore the bridge between the personal and the collective political levels to do with creating social change, drawing from a variety of disciplines and methodologies including: mindfulness, emotional work, non-formal education, theatre for living,

NVC, men's groups, fighting monkey, group coaching, mind-body work and well-being. Tissione is currently also working with The Wellbeing Project.



**Agata Stajer** has been involved in human rights education since 2004. She is a co-founder of Alive Peace and a board member of the Youth Peace Ambassadors Network (YPAN), running international trainings on peace and human rights education, gender equality and peace activism. Agata was trained in the field of peacebuilding in a long-term project of the Council of Europe. Her methods of creating learning spaces for young people and designing their educational processes are deeply rooted in non-formal education focusing on participation, holistic and cooperative learning. Agata is also a lawyer specialized in Human Rights by profession and within the Human Rights Commission of the Polish Bar Association she works on the development of human rights education among young lawyers.

**Alive Peace** is an international project promoting a culture of peace through experiential workshops, trainings and retreats across Europe. It is a group of international facilitators with specialties in the fields of peacebuilding, international development well-being and youth work, who create carefully crafted spaces which offer processes of exploration, insight and transformation. Alive Peace was co-founded by Tissione Parmar, Agata Stajer and Laura Aldrighetti and is based in Switzerland. [www.alivepeace.org](http://www.alivepeace.org)

## Telling a New Story – Questioning Identities

Trainers: Jean Brown and Amina Dikedi-Ajakaive

'Telling a new story – Questioning identities' training track offers the opportunity to explore the relationship between personal, community and global narratives. What are the historic narratives that inform communal relationships? What are the stories that shape identities? Is my personal story stuck or growing?

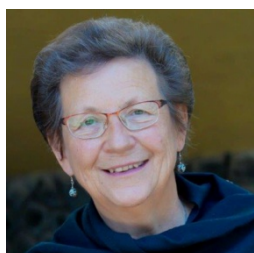
In an increasingly fragile and divided world stories can heal, stories can harm. We will explore an invitation to take responsibility for the stories we tell and to transform them for the future benefit of our communities and in the cause of peace. What might it mean to be an 'advocate for a new story' – the story of our shared humanity?

Over the course of the sessions, each participant will have the chance to investigate their own sense of identity, and to prepare and tell an aspect of their own story as a tool for peace advocacy.

The areas of learning are:

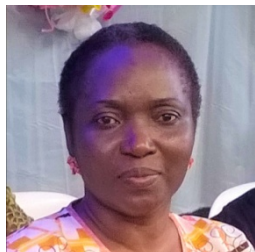
- The potential of each individual in becoming an 'advocate for a new story'
- Skills in listening deeply to ourselves and others as a means for healing
- The role of storysharing as a tool for deepening connections and advocating for peace
- Exploration of the contexts in which the stories we each carry might be transformative
- Understanding issues of identity
- Experiencing a shared humanity

The training will help develop a new methodology and theme for the work of Creators of Peace (CoP).



**Jean Brown** is one of the elders for Creators of Peace and has been involved with CoP since 1994. Jean is the designer of the Creators of Peace Circles which have spread to 50 countries over the last fifteen years. She authored the CoP facilitation and training manuals and most recently was the convenor for CoP's 25th anniversary conference. Jean has worked full-time with Initiatives of Change for 50+ years, including for many years in India and the USA, pioneering projects such as 'Action for Life', a leadership programme for young people, and supporting reconciliation initiatives in South Sudan. She lives in Australia where, together with

her family, she is actively involved with community initiatives and regularly mentors women around the world.



**Amina Dikedi-Ajakaiye** has been actively involved in the work of the Initiatives of Change (IofC) since 1982. Originally a teacher, Amina started a fashion business in Lagos, remaining involved with IofC volunteer work. In 2000, as a member of the IofC International Coordination Group, Amina and others ran international pan-African ethical leadership programmes across Africa. In 2013, Amina was contracted as Project Leader to support the South Sudan Initiative for Peace and National Reconciliation. From 1994 to 2013 Amina served as International Coordinator to the CoP. She has been a Board member of IofC Nigeria since 2012 and a member of the IofC African Coordination Group (ACG) 2007 – 2010. From 2014 to 2017 she served as convenor of the ACG. Amina is currently the President of CoP International. Through her work and her caring approach, Amina has earned the respect, trust and friendship of a large network of individuals throughout Africa and many countries beyond, from Presidents, and politicians, senior civil servants, traditional leaders, educators, business people and ordinary citizens. She has an ongoing involvement through these friendships in many countries, including the Great Lakes Region, Sierra Leone, Sudan, South Sudan, Ethiopia and Zimbabwe. She worked with the programme Agenda for Reconciliation for over 10 years. Amina is married and lives in UK.

### Heart-centred approaches to the refugee crisis

Trainers: Jo Winsloe Slater and Bruna Kadletz

*'I don't believe there is a shortcut solution to the current refugee problem. Humanity is in crisis — and there is no exit from that crisis other than the solidarity of humans.'* (Zygmunt Bauman, NY Times 2016)

This training track draws on the experiences of two initiatives arising in response to the recent humanitarian crisis. They have sought to bring fresh perspectives and find new ways to welcome, support and create connection between emerging communities of locals and their neighbours who were displaced from their homelands. The sessions will be experiential, engaging hearts and minds and invite participation as we dig deep into what community means and ask what might be your own unique contribution to this most pressing of issues. The training is open to both experienced volunteers and those wanting to know what they can do.

Sessions will explore:

- Models of initiatives that connect and create community among and between people
- Values underpinning a heart-centred approach
- Awareness and practices of deep hospitality
- The role of faith and faith communities
- Understanding and tools to co-ordinate volunteering as a dynamic social witness practice
- Leadership skills and qualities in the face of seemingly insurmountable issues
- The shadow side of volunteering and humanitarian work



**Jo Winsloe Slater** is Project Manager of People of the Earth, a programme of St Ethelburga's Centre for Reconciliation and Peace, London. During the winter of 2015/16 she and other members of St Ethelburga's staff took the independent initiative to volunteer on the Greek island of Lesbos, a hotspot for refugees seeking sanctuary in Europe. The programme emerged from this heart-opening experience and comprises leadership skills for young adults, interfaith action and community building. Over the last two years the programme has developed a dynamic social witness model of short-term volunteering to support organisations working with displaced people in Europe, and created vibrant social events for London locals and newcomers to meet beyond labels and in a space of shared humanity. Jo has been coordinating projects in the fields of interfaith, social justice and social care in the non-governmental sector for over twenty years. She is a current trustee of The Forgiveness Project.



**Bruna Kadletz** is an Associate of St. Ethelburga's Centre for Reconciliation and Peace. She is a facilitator and the co-founder of Circles of Hospitality, a Brazilian organization whose focus lies on reclaiming a culture of peace and deep hospitality in times of polarization and intolerance against the other. In 2009, Bruna left a promising career in dentistry to seek purpose and meaning in life. Since then, her attention has turned to humanitarian crises, taking her to South Africa, Jordan, Lebanon, Turkey, Greece, the Balkans and other places. She has a Masters in Sociology and Global Change from the University of Edinburgh, with emphasis on forced displacement and climate.

### Non-violent communication as a dialogue approach Trainers: Olena Kashkarova and Angela Starovoitova

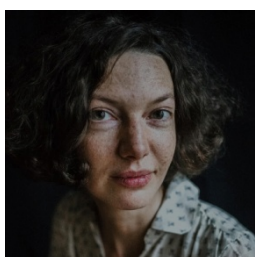
*'Between what I think, what I want to say, what I believe I say, what I say, what you want to hear, what you believe to hear, what you hear, what you want to understand, what you think you understand, what you understand...They are ten possibilities that we might have some problem communicating. But let's try anyway...'* (Bernard Werber)

We believe that deep understanding brings creativity to find solutions to all types of conflicts: from internal to inter-personal to social conflicts.

This training track we will focus on exploring Non-Violent Communication as a dialogue approach, addressing two major challenges:

- how to understand another human being
- how to be understood in a way I want to be understood

It will be an interactive process where experiential learning is key, and where participants will explore the method together through practice in groups and real-life examples. By the end of the track, you will be familiar with the simple and applicable NVC model of communication that consists of 4 steps and you will have experienced how this model can contribute to your life.



**Olena Kashkarova** got involved in dialogue work at first through the personal experience of a conflict over different historical narratives. Later, this led to her involvement in conducting dialogues for people with different views on Ukrainian past, initiating dialogues between people of different political opinions during Euromaidan revolution and becoming a co-founder of the Network of Dialogue Facilitators. She worked for UN Programme for Development as a Specialist on Reconciliation, now she serves as a member of IofC International Council and continues her work in Ukraine as a dialogue facilitator, expert on social cohesion and a trainer. Her major interests lie in learning and practicing Non-Violent Communication and exploring embodiment practices to develop an integral approach to dialogue.



**Angela Starovoitova** is passionate about building connections between people and communities. Her expertise is in non-formal education and participatory methods using an individual approach to creating a safe and trusting environment to inspire personal transformation and change of relationships. Angela has 18 years of international experience organizing and running workshops/conferences/long-term programs on ethical leadership, critical thinking, conflict resolution, trust- and peace-building. Angela is one of the founders of an International NGO 'Foundations for Freedom/Initiatives of Change' having worked in Ukraine, UK, Switzerland, Germany, etc. Currently involved mainly with the 'Network of dialogue facilitators' in running dialogues, forums and other events on conflict-resolution, peace-building and social cohesion as an invited expert in some projects with UNDP, IOM, and OSCE in Ukraine.



### Philosophical Counseling: New approaches to social inclusion

Trainer: Cristina Bignardi

This training offers a set of innovative tools for working with vulnerable groups, especially migrants, asylum-seekers, women and minors, and building bridges between such groups and the local communities.

During the past six years, Cristina Bignardi and her team have worked with migrants in Italy and developed a new methodology by combining several techniques: self-help groups, café philo, research communities and philosophical counseling. This led to a technique of listening and sharing the narrative dimension of one's life and circumstances, using as pretext conventional wisdom and relevant quotes from philosophers and writers.

The innovative aspect in using philosophical counseling with vulnerable people is to try to give them a new way of thinking, a new contextualization about life. This is done through group discussion, starting from a proverb or a philosophical consideration. The participants have the opportunity to engage with and think critically about taken for granted aspects of their own cultural background and compare it with those of the other participants. This activity allows to solicit a more creative and assertive way of thinking, helping the person to overcome the negative experience and regain the capacity to hope and plan for a better future.

Participants at this training will:

- learn how to frame migration issues, based on the example of the Italian context;
- learn how to make a relevant analysis on the field, using Medical Anthropology approach;
- understand how this innovative methodology helps asylum seekers to better understand the European Culture;
- develop a new perspective in thinking about one's life through these philosophical tools.



**Cristina Bignardi**, a graduate in History of Arts and Philosophy, is a trained Philosophical Counselor and has been working with migrants since 2001, through several projects focusing on multicultural dialogue. She has worked in the Psychiatric Department of Bologna University, first on Early Prevention of Psychosis and later as facilitator of a self-help group for asylum seekers and refugees. Cristina's interests have been also focusing on women's rights and victims of war-rapes, food sovereignty, farming and sustainable development. Since 2012 she has been the coordinator of "Prevention has no color 2.0", a health programme for foreign women in Italy implemented by Pace Adesso/Peace Now. Currently she is an active worker on

social inclusion.

### Migrants and refugees as re-builders and social entrepreneurs

Trainers: Rishab Khanna, Catalina Quiroz and Emel Topçu

Migrants and Refugees as Re-Builders (KA2 Cross-borders Intercultural and Societal Entrepreneurs) is a partnership of organisations from the UK, Turkey, Sweden and Spain who are developing innovative training responses to support migrants and refugees from the Horn of Africa, the Middle East, Maghreb and Latin America. The project is aimed at supporting adult educators of migrants and refugees in settling into their new communities, re-building their lives, and eventually contributing to the development of their home countries. During this training we will share some of the tools from our curriculum, like the Pyramid of Hate and the Pyramid of Hope, The Time Line for interfaith dialogue and democracy, and lastly, some simple methods of carrying out self-assessment to be a more effective adult educator and facilitator working with migrants and refugees.

Requirements for attending: Willing to apply the training modules and competences you will test and experience with members of your organization and/or others, especially people working directly with refugees and migrants.

We are interested in doing a follow up of competences self-assessment to test the selected tools. We will be keen to learn participants' interest in exploring possibilities of submitting an Erasmus+ project related to mental health and occupational therapy.



**Rishab Khanna** has a degree in Economic Development, Environmental Legislation and Management, International Law and Diplomacy and is passionate to bring harmony in the social and ecological systems. With IofC Sweden Rishab has had the opportunity to co-design a peace and development programme in Somalia, funded by the Swedish International Development Cooperation Agency, and deliver a program of social cohesion in a suburb of Stockholm, called Hope in Jarva. He is also a social entrepreneur supporting social enterprises in Uganda, Kenya and India. He is a member of the Economy for the Common Good international expansion team and the GNH (Gross National Happiness) Sweden. He is also the author of a book called 'Surging Beyond the Bottom Line - Insights into a Successful Integral Enterprise'. He has co-authored several other books including 'A Holistic Approach to Education' with V.R. Purnatva. He has been co-designing the 'Trust and Integrity in the Global Economy' conferences for the last 7 years. He is working now with the Migrants and Refugees as Rebuilders project.



**Catalina Quiroz** is a PhD candidate and has been coordinating and working for over 25 years in educational projects focusing on capacity building, organisational change, participatory decision-making processes and ethical leadership at the Institute of Cultural Affairs and Initiatives of Change, UK. Currently, she is a Visiting Scholar Social & Solidarity Economy and a member of the Social Innovation Development Group at York St. John University. She is also co-leading, with organisations from Spain, Sweden, and Turkey, an Erasmus+ Strategic Partnership project called 'Cross-border intercultural and societal entrepreneurs' within Initiatives of Change, UK, as leader partner. Its aim is to enhance the teaching experience of adult educators working with migrants and refugees from Horn of Africa, MAGREB, and the Middle East to become social entrepreneurs within their host communities and re-builders of their communities of origin. As part of her Ph.D. studies with the Spanish Open University, UNED, she is researching the role of the social and solidarity economy as a potential economic model to achieve the sustainable development goals of the Agenda 2030. In the last 10 years, she has been leading Erasmus transnational collaborative and multidisciplinary teams. Her work has been focused on innovation in teaching methodologies for formal and non-formal education. She is interested in the implementation of value-based competences for adult educators working in the fields of social and solidarity economy, interculturality, and anti-discrimination.



A resident of Germany for fifteen years, **Emel Topçu** has specialised in topics such as Syrian refugees, volunteerism, adult education, human rights, women's rights, minority-majority relationships, multi-culturalism and integration of migrants into European societies. She has published numerous articles, conducted research, training and consultancy both within and outside the EU. Currently she is researching the impact of the influx of Syrian refugees on Turkey and the effect this has on communities and social cohesion. Emel is also the General Manager of Migration, Education, Population and the Employment Research Centre and a Vice President of Faculty of Economics, Administrative and Social Sciences.



### Organizing Team

Diana Damsa | Romania | Managing Director  
Simona Torotcoi | Romania | Training Tracks Coordinator  
Diana Topan | Romania | Communications Coordinator  
Neil Oliver | UK | Content Design  
Sarah Hammoura | Sweden, Palestine | Content Design  
Rishab Khanna | Sweden, India | Content Design  
John Bond | UK | Advisor  
Jean Brown | Australia | Advisor  
Olga Merezhuk | Ukraine, Poland | Liaison with interpreters  
Jane Wuth | Germany | Technical Support  
Irene de Pous | The Netherlands | Reporting  
Alexandra Timis | Romania | Liaison with Caux Hospitality Department  
Bhavesh Patel | Moldova, UK | Caux Design Team  
Patrycja Pocięcha | Poland | Young Ambassadors Programme Coordinator  
Rob Lancaster | Australia | Young Ambassadors Programme Content Design and Trainer  
Peter Riddell | UK | Learning to be a Peace-Maker Programme Coordinator  
Ajmal Masroor | UK | Learning to be a Peace-Maker Lead Trainer  
Javed Latif | The Netherlands | Learning to be a Peace-Maker Project Coordinator Assistant  
Antoine Jaulmes | France | Advisor  
Charles Danguy | France | Advisor  
Anders Skånlund | Norway | Support Team  
Liliana Neciu | Romania | Artistic Input  
Oana Dinea | Romania | Artistic Input

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