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CAUX INTER- GENERATIONAL FORUM

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PROGRAMME



22-27 July 2024

Start: 22 July, 2024 - 16:00 CEST
 End: 27 July, 2024 - 13:00 CEST

CHANGE STARTS WITH US!

It is easy to lose ourselves and each other in all the things that are going wrong in the world today – so this is an invitation to a dialogue across cultures and generations about what really matters to us all.

The simple philosophy of Initiatives of Change (IofC) is that if you want to change anything, you need to start with yourself. It is as true in a family as it is on the international level of relationships.

Given the current wars and conflicts threatening community peace and solidarity across borders, it is with a sense of urgency that the young and the old – children, students, professionals, families, pensioneers, and grandparents – are invited to come and take time to listen and to share, to reflect and to discuss.

This event is organised by the <u>Nordic Initiatives of Change team, (https://norden.iofc.org/en/news/save-date-caux-2024)</u> in partnership with the Caux Initiatives of Change Foundation.



(photo: Caux Initiatives of Change Foundation)

WHAT THE EVENT OFFERS

In this historic place where Europe reconnected over 75 years ago (https://www.iofc.ch/anniversary-stories), we will search together for what we can do for our communities and the world in great need. The French philosopher Gabriel Marcel who visited Caux several times in the aftermath of the second world war, said in his book *Fresh Hope for the World* that "Caux brings together a remarkable conjunction of the intimate and the global".

As pride, greed, fear, and anger once again are tearing our continent and lives apart there is an urgent need to come together.

Honesty, Love, Purity (of motives) and Unselfishness are the values that have been the lodestars of the movement lofC since its beginnings. Together we will explore how these four values can be put to work in our lives and societies.

We will also revisit and reflect on the three duos of values that one claims are, the foundation of Europe and that keeps shaping and challenging our present and our future:

- Freedom and Faith
- Equality and Hope
- Fraternity and Love

How do these qualities relate, and how can they enlighten and inspire each other?

We will be using tools such as inner listening and reflection, sharing and storytelling and the programme will consist of community groups, plenary sessions, workshops and shared cultural events and entertainment in the evenings – with enough time in between for good conversations over meals, walks and sports – and time alone to digest!



(photo: Nelson family)

DAILY PROGRAMME

Quiet time - space for individual reflection

8.30 Breakfast

9.30 Community-groups - a time where everyone has a chance to contribute and be responsible for shaping the content and outcome of the dialogue, a time to share, listen and discuss, and get to know a smaller group of the forum participants better.

11.00 Plenary session

12.30 Lunch

Free Time: Open space for sports, walks, thoughts, talks or an afternoon snooze!

14.30 Workshops and sports optional

16.00 Tea

16.30 Community-groups continues

First part of the meeting – sharing and reflecting together on the theme of the day

Second part of the meeting – two of the participants in the group will have a chance to share their life story with particular emphasis on significant incidents and experiences that have shaped them into who they are today. The groups will be small enough for everybody to have the opportunity to share their stories in the course of the days we are together.

18.30 Dinner

20.00 Evening entertainment and games

22.00 Evening Prayer: for those who would like to join, the prayer will take place in the Chapel just outside the main building. There is also a Muslim prayer room in the main building.

You can download the daily schedule here. (https://www.iofc.ch/caux-intergenerational-forum-2024-daily-schedule)

Programme for Children

The children and teenagers will be divided into two groups:

- The group of those aged 12-15 years
- The group of those aged 6-11 years

Our aim for the two groups is to offer a space to share reflections, concerns and hopes – working with the theme of the day in a creative way.

No special programme will be offered for the smallest children (0-5 years old), but the kindergarten will be open with one or two responsible adults. Parents can work out among themselves, with some support of grandparents or eager young babysitters, how both children and parents can get the best out of their time in Caux.

For the children's programme to work well, good translation is crucial, so if you have children that will need other translation than French, German, or English, we would like to hear from you as soon as possible.

If you would like to help with the children, please contact us. (mailto:caux@iofc.no)



(photo: Diana Topan)

PARTICIPATION RATES

The package price is fixed for the entire duration of the event

- All inclusive | Accommodation in single occupancy room: CHF 605.- /person
- All inclusive | Accommodation in shared occupancy room: CHF 455.-/person
- Teenagers from 13 17 | Accommodation in multiple occupancy: CHF 320.-/person
- Children from 6-12 | Accommodation shared with parents: CHF 230.-/person
- Children from 0-5 | Accommodation shared with parents: CHF 90.-/person

Prices mentioned, for single or shared accommodation, include:

- Accommodation in either shared or single room at the Caux Palace
- Participation in the Caux Intergenerational Forum
- Materials provided during the event
- Interpretation service and technical equipment
- Coffee and tea breaks as well as refreshments
- Breakfast, lunch and dinner
- VAT & City taxes

It is possible to arrive before 22 July (on either 20 or 21 July) but not to stay after 27 July. The additional cost is CHF 85.-/per person/night for single occupancy and CHF 55.-/ per person/night for shared occupation. Lunch or dinner costs CHF 30.- per meal/person

Attendees are asked to check-in from 14:00 CEST on the 22 July. Tea is served 16:00 CEST and first welcome meeting is 16:30 CEST in the Main Hall.

Please note that we will do our best to have the rooms ready by 14:00 CEST. However, not all rooms may be available before 16:00 CEST. If necessary, storage space will be made available for luggage until your room is ready.

The organisers of this Forum are very grateful for the support from the Irene Prestwich Trust, the Hahnloser Foundation and the Foundation for Moral and Spiritual Renewal, which have made it possible to lower the fees for all participants.

Event Package without accommodation

If you wish to attend the event but do not require accommodation, please contact us at: caux@iofc.no (mailto:caux@iofc.no)



(photo: Diana Topan)

USEFUL INFORMATION

- General Terms & Conditions (https://www.iofc.ch/sites/default/files/2024-04/Caux%20Intergenerational%20Forum%202024%20General%20Terms%20and%20Conditions FINAL 0.pdf)
- <u>Families with children at the Caux Intergenerational Forum (https://www.iofc.ch/sites/default/files/2024-03/Caux%20Forum%202024%20Family%20Policy%20final%20version%20EN.pdf)</u>
- Practical Information for your stay at the Caux Palace (https://www.iofc.ch/practical-information)
- More questions? Please contact us by email (mailto:caux@iofc.no)
- Please stay connected for further information by subscribing to our newsletter (https://www.iofc.ch/newsletter)

REGISTRATION

Official registrations are now open until 17 June 2024. Please note that if registrations reach the maximum capacity before this date, the organisers may need to suspend registrations prior to the closing date.

REGISTER NOW

(HTTPS://CRMNORDEN.IOFC.ORG/CIVICRM/EVENT/INFO? RESET=1&ID=45)

Please not that for those intending to participate in multiple events in Caux this summer, packages will be offered to accommodate additional dates between events.

EMAIL US (mailto:mailto:caux@iofc.no)

#CauxForum #CauxIntergenerational

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